



PROGRAMME OF EVENTS

Saturday 26 August 2023

08h00-9h00	Trail Run Registration & late entries
9h00	18km Trail Run starts
9h15	12km Trail Run starts
9h30	6km Trail Run starts
12h00	Trail run prize giving

Sunday 27 August 2023

07h30-08h30	MTB Registration & late entries
08h45	40km E-bike race starts
09h00	40km MTB race starts
09h15	25km MTB race starts
12h00	MTB race prize giving

